

Curriculum Map 2020 - 2021

Curriculum Area: PSHE/RSE



Year Group:	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	<u>Health and Wellbeing</u>	<u>Health and Wellbeing</u>	<u>Living in the wider world</u>	<u>Living in the wider world</u>	<u>Relationships (RSE)</u>	<u>Relationships (RSE)</u>
1	<p><u>Keeping Healthy</u> How to keep the body healthy – brushing teeth, exercise, eating healthier. Reference to mental health/wellbeing.</p>	<p><u>Special People</u> Talking about people that are special and how to look out for someone.</p>	<p><u>On the move</u> Naming the variety of features that form part of their local area and understanding why it is important to look after the environment.</p>	<p><u>Staying Safe</u> Discuss why we have rules in class – what factors make you feel safe at school? Talk about online safety – PANTS rule/how to be SMART online.</p>	<p><u>Bullying</u> Definition of bullying and how it makes a person feel. Talk about what someone should do in this situation. Also address misconception of ‘falling out’ with a friend as different to ‘bullying’.</p>	<p><u>Choices</u> Good/bad choices – what is sensible? What are consequences?</p>
2	<p><u>Keeping Healthy</u> Ways to keep body healthy, physically and emotionally. Reference to mental health/wellbeing.</p>	<p><u>Thinking Positive</u> Understanding how happy thoughts can make one feel better.</p>	<p><u>Money</u> What money is used for, how to spend/ save/ manage money wisely.</p>	<p><u>Staying Safe</u> Keeping safe in the environment, online and outside emotionally, being able to communicate.</p>	<p><u>Bullying</u> How bullying can affect people’s feelings, how to respond to bullying. References to different families to understand dangers of bullying.</p>	<p><u>Growing and changing</u> How humans change from a baby to adult, becoming independent, understanding responsibilities.</p>

3	<u>Keeping Healthy</u> Balanced diet, choices about food, how the media affects our choices on food.	<u>Managing feelings</u> Talking about emotions good/bad and how to respond to it.	<u>Money matters</u> Understand the importance of money and budgeting. How to manage money and the different expenditures they may have to encounter.	<u>Topical debates</u> Understanding how and why laws are enforced and why we have rules.	<u>Resolving conflict</u> Seeing things from other people's views, making choices and compromising.	<u>Rights and responsibilities</u> How humans change from a baby to adult, becoming independent, understanding responsibilities.
4	<u>Positive Thinking</u> How to think positive and focus on coping strategies throughout different situations.	<u>Staying safe</u> Talk about becoming independent, staying safe on the roads/ at home/ at school/ transport etc.	<u>UK Citizens</u> Our identity, national /ethnic identities, stereotypes.	<u>Money</u> What money is used for, how to spend/ save/ manage money wisely. How money affects our lives.	<u>Community</u> School communities, local communities, voluntary groups.	<u>Human development</u> Health, bacteria/ viruses. Puberty and where babies grow. PANTS – protecting our bodies.
5	<u>Health</u> Physical mental and emotional health – positive and negative influences.	<u>Anti-social behaviour</u> Explaining types of anti-social behaviour, why they are considered as negative and how to resolve conflicts.	<u>Britain/British Values</u> Importance of respecting others and understanding of diverse society that we live in (different ethnicities/faiths in Britain). How the actions of people can help the community they are a part of.	<u>Human Rights</u> Identifying human rights of children, support networks if human rights are violated.	<u>Peer pressure</u> How to respond to peer -pressure, positive relationships, who to talk to when in need of support. References to the value of difference to understand dangers of bullying. (Different cultures, religions, lifestyles)	<u>Relationships</u> Male female puberty, dealing with conflicting emotions, building good relationships. References to how different relationships all have same core values. (Different cultures, religions, lifestyles)
6	<u>Discrimination</u> Why our personal identity is important and why we shouldn't judge others and should respect different people.	<u>Understanding Money</u> Where money comes from, salary, helping communities, budgeting and saving.	<u>One World</u> To know the different kinds of responsibilities, rights and duties at home, at school, in the community and	<u>Enterprise Project</u> Chn will gain an understanding of how to run a business and what being an entrepreneur means.	<u>Relationships</u> Discussing different types of relationships, civil partnerships/ marriage. Different cultures, religions, lifestyles)	<u>Human development</u> Reproduction/ body changes.

			towards the environment. Understanding the basic human rights shared by people in society.			
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